Boone County Annual Report | 2016

Putting Knowledge to Work!

West Virginia University Extension works to provide “solutions in your community” through key program areas including agriculture, environment and natural resources, 4-H youth development, food and nutrition, health and wellness, financial planning and home gardening. These research-based programs and services are available to all residents of Boone County thanks to the tremendous support of our community members, local organizations, volunteers and local partners – the Board of Education and County Commission.

Highlights

- 117 youths attended 4-H camp in 2015, doubling the attendance since 2012.
- More than 400 adults and youths in the county took part in some type of health and nutrition education.
- Philip See, Extension agent, received the Northeast Regional Award for Innovation for Boone County 4-H’s work in Robotics.

4-H and Youth Development

In 2015, we celebrated 100 years of 4-H camping!

- 117 youths attended county 4-H camp.
- 25 youths attended a state 4-H camp.
- 66 youths attended a week of science, technology, engineering and math (STEM) day camp.
- 151 youths were part of 27 different robotics teams in the county sponsored by 4-H.
- Nearly 1,000 youths in the county were part of a 4-H STEM activity of some sort.
- 51 youths attended Energy Express summer reading and nutrition program, along with 24 teen volunteers.

Agriculture and Natural Resources

- 5 new members completed the Master Gardener certification class.
- 250 senior and disabled citizens received free vegetables from the Master Gardeners’ community garden.
- 1,500 WVU Extension Garden Calendars were distributed throughout the county.

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Families and Health

- Nutrition education encourages youth to try a variety of healthy foods. 194 youths were reached in 2015 with school-based nutrition programs, and an addition 64 were reached at camps.
- 86% of youth in these programs improved their abilities to choose foods according to Federal Dietary Recommendations or gained knowledge.
- 62 adults and 20 teens received training on healthy eating, being active or heart health.
- More than 500 people in the county received health information from the WVU Extension Service through indirect contacts.
- 44 people attended Dining with Diabetes to improve their nutritional management of the disease.